Innovative health and care services diagnosis and integrated care

Reduce cognitive load and build adaptive capacity in the critical care ecosystem

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SIGNIFICANCE of the problem



Status:

- Intensive Care represents 15-25% hospital cost
- Complex setting

Trends:

- In-hopsital and out-hospital Intensive Care Services
- Electronic tools
- Patient Safety
- Patient & staff experience (PICS)
- Patient & family engagement

Challenges:

- Overwhelming amount of data/information
- Diagnosis and decision making
- Do more with less resources

Result:

- Stress
- Burnout of intensivists (up to 50%)
- Post ICU Syndrom (up to 50%)

Cognitive load (leading to stress and burnout) experienced by clinicians in critical care environments persists, and may even be worsening, despite best efforts to understand and address it with clinical decision-support systems and other interventions.

The **OPPORTUNITY**





Improve diagnosis on intensive care

Integrate Intensive Care (design Critical Care Services)

COMPLICATED

Vital sign categories Organ monitoring Patient as generalized object Structure conversations, e.g. at handoff Compliance to checklists Reduce communication errors (and measure them) Procedure adherence and link to patient outcomes Evidence of success

Reduce cognitive load

COMPLEX

Understand the whole (sensemaking) Each patient is unique Identify what is unique about a patient situation Temporal plot-making and communication High reliable organization Engage patient & family

Build adaptive capacity

The **PROPOSAL**

Reduce Cognitive Load nd build adaptive capacity in the

> Critical Care Ecosystem

> > Adjacent Ecosystems are also in-scope. These can include adjacent care settings or contexts (e.g., surgical ward) as well as non-health social ecosystems.

- 1. Better understand the critical care ecosstem
- 2. Design interventions that reduce cogitive load and build adaptive capacity
- 3. Implement them and proof impact

Patients in need of Critical Care